

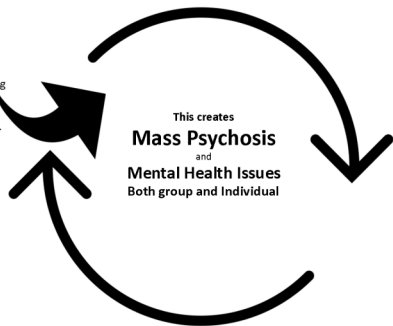
# COVID-19, THE PLANDEMIC AND **MASS PSYCHOSIS**

*How we understand it.*

Deborah and Randy  
The Stress Intervention Team



**Psychopaths at the top**  
Infuse false, misleading and emotionally charged information into the public sphere.

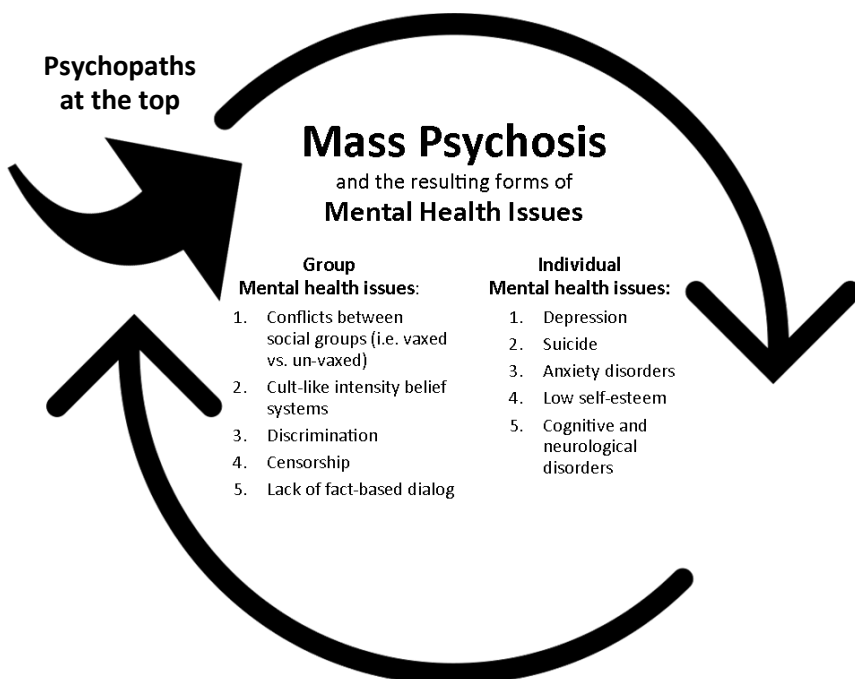


There is clearly a mental health crisis in the U.S. that has been brought about through coordinated psychological warfare (PSYOP).

There is a group of psychopaths/sociopaths/narcissists at the top who are intentionally causing a mental health crisis through the creation of a false pandemic. They have infused false, misleading and emotionally-charged information into the public sphere, causing Mass Psychosis and mental health issues, both group and individual.

In order to win, we need to realize that we have been trying to *reason* with abusive leaders rather than treating them as dangerous mentally ill criminals. Understanding that we are under psychological attack will help us develop a holistic approach to treatment and recovery of our mental sovereignty. It involves understanding many dimensions such as environmental, nutritional, relationship dynamics, thoughts, emotional coping skills, spiritual beliefs, and much more.

There are many things that we can do to improve our own mental health, including taking specific actions contrary to what you're being pressured to do and by creating whole, new parallel social structures which we will discuss.



Below, is an overview of the various elements that comprise the mass psychosis model.

1. **Psychopaths at the top.** Our Goal Has To Be To Fully Grasp The Harm They Have Caused And To Disempower Them By Talking About This Openly.
2. **Mass Psychosis.** What Is It? How Can We Deal With Mass Psychosis? Our Goal Is To Understand The Aspects We Can Impact.
3. **Individual Mental Health Issues** As A Result Of **Abusive Conditions** From The Plandemic.
4. **Individual Mental Health Issues Due To The Shots.**
5. **The False Narrative** That Vaccine Hesitancy Is A Mental Illness.



Dr. David Martin Exposes the Names and Faces of the People Who Are Killing Humanity  
Red Pill Expo, November 19, 2021

MASS PSYCHOSIS ELEMENT ONE:

**Psychopaths At The Top**

What we are experiencing is the result of individuals who can be diagnosed as psychopaths controlling the financial system, politics and social institutions on our planet. Medical experts are identifying that these individuals are operating from a *delusional belief* that they have the right to harm other people and the planet for their own satisfaction. Psychopaths achieve control using charm and by creating a narrative that always makes them appear to be doing things for the “good of others”. The deception is that what they claim is “good” is based on their delusions.



Psychological assessment requires assessing actions and words. Scrutinizing the consequences of their behaviors during the Plandemic we have seen all too clearly that their actions are causing death and destruction of human beings, violations of our rights and destruction of the planet on a large scale. In other words in my opinion, they are criminally insane.

According to law and a recent statement by **Dr. McCullough** the medical professionals, bureaucrats and CEOs who participated in this violation of human rights are guilty of willful misconduct and violations of the Nuremburg Codes and the Helsinki Accord, the right to informed consent.



American citizens have ALSO been deprived of legitimate information about the virus and the shots. Dr. McCullough stated that new evidence indicates there are 187,000 dead in the U.S. from the vaccine; which in the opinion of many is a bioweapon. Others have died due to improper treatments.

**Dr. McCollough Says Outpatient Treatments For COVID-19 Have Been Suppressed**



*"Lots of messaging on the vaccine, but zero mentioning on treatment, none. And it's been from the very beginning. There is a theme here, I hope everyone's starting to get the theme..."*

MON JAN 3, AT 8:20 PM

97,340 271



**We are engaged in psychological warfare.** We need to understand that we are being abused and attacked and we have to develop new habits and beliefs to protect and heal ourselves.

We are like “the patients” in a dysfunctional system. When treating family systems the “identified patient” is the one who is rebelling against the dysfunction. If the family system can’t be healed, the “patient” needs to be willing to develop new habits and beliefs to stay healthy. Our system is broken and we need to create new systems based on new beliefs.



Our goal must be to fully grasp the fact that these psychopaths are carrying out a plan to harm and kill people and everyone needs to talk about this openly.

Most people can’t fully comprehend that the psychopaths are actively engaged in harming humanity. Good people of integrity resist coming to this conclusion because it is so diabolical and emotionally painful to accept. Our resistance to believing that they really intend to do harm is how they stay in control. So in terms of maintaining our mental health we need to keep reminding ourselves at all times that the rules/mandates/treatment protocols do not make sense because they are coming from people who are criminally insane. They are harming humanity and can’t be trusted.

### **What Can We Do To Heal This Psychopathy?**

The system we are living in is seriously dysfunctional. It is not likely that the problem can be easily treated at this level because the criminally insane are not willing to change. We have to stop complying with the plans of criminally insane people. We need to find ways to stay as far outside of their control as possible while we work on restoring the rule of law, returning the health system to ethical practices that embrace a holistic approach, improving the educational system, etc.



#### References:

1. Please see our series on the YCPT website “The Fear Epidemic” for more information about the psychopaths that we call the Abusers. <https://ycpt.org/cpt/stress-intervention-team/>
2. You can also watch the linked video below by Dr. David Martin who identifies who some of the key psychopaths are and the corporations that they are part of.  
<https://republicbroadcasting.org/news/dr-david-martin-who-they-are-the-names-and-faces/>  
[https://www.algora.com/Algora\\_blog/wp-content/uploads/2021/11/Dr.-David-Martin-Who-They-Are-The-Names-and-Faces-Red-Pill-Expo.mp4](https://www.algora.com/Algora_blog/wp-content/uploads/2021/11/Dr.-David-Martin-Who-They-Are-The-Names-and-Faces-Red-Pill-Expo.mp4)



MASS PSYCHOSIS ELEMENT TWO:

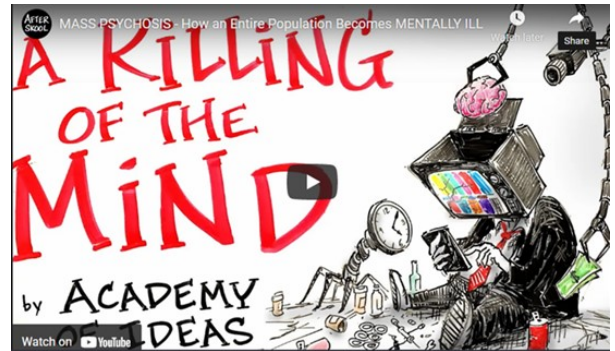
### **Mass (Formation) Psychosis**

It is important for our own mental health for us to understand what has happened to the people who still believe the lies of the Abusers. I know that many of us have felt like we are living in a Sci Fi movie or parallel reality. The truth is the believers are suffering from a mass formation psychosis. Let's look at what many experts have said about this.

#### **Dr. Mercola**

What is meant by the term mass psychosis? In an article about mass psychosis <https://covid19up.org/mass-psychosis/> Dr. Mercola says, "A mass psychosis is an epidemic of madness that occurs when a large portion of society loses touch with reality and descends into delusions. The results are always devastating."

Dr. Mercola further states, "**Menticide** is a term that means "killing of the mind," and it's an ancient way of controlling the masses by systematically killing the human spirit and free thought. It's a system through which the ruling elite imprint their own delusional worldview onto society."



#### **Carl Jung**

"It is not famine, not earthquakes, not microbes, not cancer, but man himself who is man's greatest danger to man, for the simple reason that there is no adequate protection against psychic epidemics, which are infinitely more devastating than the worst of natural catastrophes."

"It is not for nothing that our age cries out for the redeemer personality, for the one who can emancipate himself from the grip of the collective psychosis and save at least his own soul, who lights a beacon of hope for others, proclaiming that here is at least one man who has succeeded in extricating himself from the fatal identity with the group psyche."

#### References:

1. Dr. Mercola <https://covid19up.org/mass-psychosis/>
2. See the full Menticide presentation at: <https://www.bitcute.com/video/D2Uh3j47vmRo/>

## Governments Admit Using 'Mass Formation Psychosis' As Tool of Population Control



Leaked details of UK government's early pandemic response back up Dr. Malone's assertions...

WED JAN 5, AT 2:17 AM

398,702 1,660

Google Manipulates Results As "Mass Formation Psychosis" Searches Explode Due To Collapsing COVID Narrative  
ZeroHedge, TUE JAN 4, AT 4:05 PM

*This is diametrically opposed to actual "science" and the opposite direction in which a free society should be moving...*

## Dr. Robert Malone to Rogan: US in 'Mass Formation Psychosis' Over COVID

JOHN STEINBECK

### MORNING BRIEF TOP NEWS



Dr. Robert Malone to Rogan: US in 'Mass Formation Psychosis' Over COVID-19

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*According to  
Dr. R.W. Malone,  
the Abusers have created a  
state of mass hypnosis on the  
planet.*

### Dr. Malone

"Even when the narrative falls apart, cracks in the strategy clearly aren't solving the issue, the hypnotized crowd can't break free of the narrative. This is what appears to be happening now with COVID-19. The solution for those in control of the narrative is to produce bigger and bigger lies to prop up the solution. Those being controlled by mass formation psychosis no longer are able to use reason to break free of the group narrative."

As we discussed in the Fear Epidemic Series, they have done this through manipulating facts, creating confusion, and putting forth an ever changing narrative of unseen things to fear. What the Abusers have accomplished is in effect hypnotizing at least 20 -30% of the people in the Western World.

The anxiety that has been created caused some people to rally behind the narrative of the Abusers as a way of finding refuge from the fear. No facts or evidence can convince the hypnotized that they are being lied to. This portion of the population does not realize that they are in danger and that their rights are being stripped from them. They believe that those who do not agree with the lie of the Abusers are dangerous to them and they will not listen to anything that contradicts the Abuser's narrative. ***That is why you cannot reason with them.***

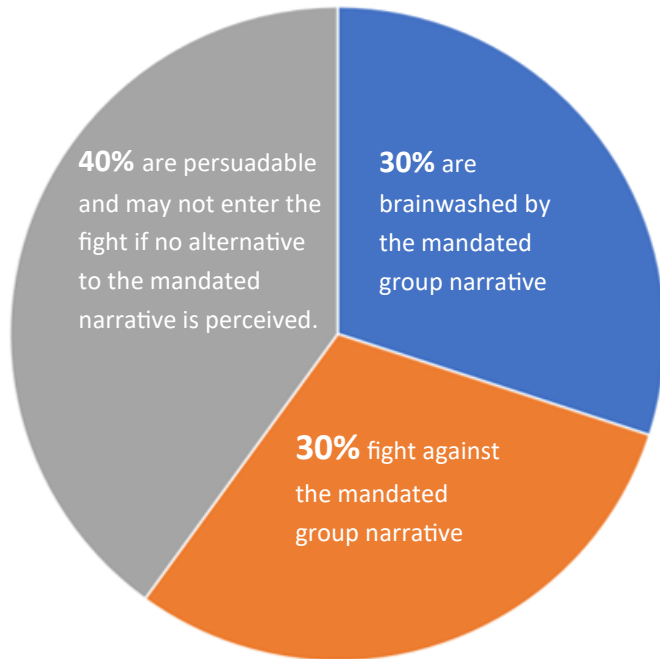
**Dr. Malone cautions, "Left unabated, a society under the spell of mass formation will support a totalitarian governance structure capable of otherwise unthinkable atrocities in order to maintain compliance.**

### References:

1. Dr. R.W. Malone <https://rwmalonemd.substack.com/p/mass-formation-psychosis>

## How Can We Make Sense of Mass Psychosis? By Understanding the Aspects We Can Impact.

Studies by Dr. Mattias Desmet and others suggest that mass formation follows a general distribution:



### **30% are brainwashed, hypnotized, indoctrinated by the group narrative.**

This is the group of people who are willingly going along with mandates, etc. This is the group that many of us are so frustrated and concerned about. As a licensed clinical hypnotherapist, there are two important points I want to make about hypnosis. No one can be hypnotized who does not want to be hypnotized. A person has to be willing to allow the suggestions to influence their thoughts and behaviors.

Secondly, hypnosis works through focused attention. I can say that the hypnotic trance does not last indefinitely. It needs to be reinforced. Events will occur that will break the trance for the brainwashed and hypnotized eventually. It will be due to an event or events that are experienced at a powerful emotional level that will break the state of hypnosis. It might be the loss of too many loved ones due to the shots, witnessing a child being forcefully inoculated, having personal freedoms restricted so severely that they feel frightened by the loss. It will be different for each person.

The take away point is that breaking the trance is not something that any of us have control over. So, we need to focus on things we do have control over.

### **40% in the middle are persuadable and may follow if no worthy alternative is perceived.**

This is the group that might be influenced by their own powerful experiences of limits to their freedoms or threats to their sense of well-being. They may not have any deep connection to natural/divine law or guidance so their internal guidance systems are not tuned. They may have taken a shot to keep a job or to conform but they are now having regrets or don't like the changing rules.

So how can we help them? They need to make sense of what is happening. They may need bonds with others but don't know how to make the connections. Extend kindness to them. They might be more willing to have conversations that involve posing questions rather than being inundated with facts. Using our dysfunctional family metaphor, they are "members of the family" who are not aligned with the Abuser, but who are not sure they know what else to do. Invite them to join in with projects that help to build community. Share ideas that help you feel more empowered that they may connect to.

### **30% fight against the narrative.**

Those who rebel and fight against the narrative become the enemy of the brainwashed and are a primary target of aggression. The non-compliant person, called the 'identified patient', generally comes into mental health therapy from a dysfunctional/abusive family. This is the person who objects to the abuse. It causes anxiety in the family so they conclude that there must be something wrong with the patient. That is why those who are "vaccine hesitant" are now being labeled as the problem or having a mental illness. (See Level Five below)

Those of us who recognize the Totalitarian and Transhuman agenda of the Abusers fall into this 30%. We need to form strong support networks to keep ourselves focused on the truth and actions that help to communicate the truth to the 40% who are not completely aligned with the Totalitarian agenda of the Abusers. We can look at this in more detail in the section on creating parallel social structures below.



MASS PSYCHOSIS ELEMENT THREE:

### **Individual mental health issues**

#### **— as a result of abusive conditions from the Plandemic**

We have all read about people committing suicide, becoming depressed, increased alcohol and drug abuse, and increased domestic violence due to the effects of isolation, economic ruin, and the restrictions. Many of these people already had underlying depression or anxiety before the Plandemic. It is also normal for people to respond to extreme stressors with these kinds of symptoms. It is important recognize these serious symptoms and encourage these people to seek professional help.

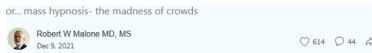


MASS PSYCHOSIS ELEMENT FOUR:

### **Individual mental health issues**

#### **— due to receiving the shot**

An unexpected and disturbing level of mental illness seems to be caused by the shots. People who already had mental health issues are having an increase in symptoms and others who were perfectly fine prior to getting the shot are now behaving “differently” with seeming changes in personality. Others are having difficulty thinking clearly and there have been reports of increased accidents. It is interesting that just before the shots were rolled out professional articles were discussing an increase in unexplained cognitive issues. At this point, it is not clear how to treat these people. More study is needed.



MASS PSYCHOSIS ELEMENT FIVE:

### **The false narrative that Vaccine Hesitancy is a mental illness.**

In an abusive paradigm the Abuser labels those who oppose them as “the problem”. That is what is taking place now. The Abusers are trying to convince the hypnotized that those of us who don’t want to comply with their plan are mentally ill. The compliant APA is creating new Mental Health diagnoses to label the “vaccine hesitant problem”.

#### ***How to overcome this false claim?***

1. Speak the truth.
2. Demonstrate a sane, ethical approach to the problem we are facing.
3. Remain non-compliant.

## How Can We Remain Sane?

### **Focus Our Energy On What We Have Control Over.**

We must keep firmly in mind that we are in a completely dysfunctional system controlled by criminally insane individuals who are attacking us through psychological warfare. You have to recognize their deceptions and manipulations and stand firm against them. This is ongoing work.

From an ethical, moral, and spiritual perspective, it is important to keep in mind is that those who have been hypnotized are those who are willing to go along with someone telling them what to do. People who are strong willed and with clear moral sovereignty are not easily hypnotized. People who will obey an order that harms another human being have lost contact with natural/divine law and morality. In other words, it is not up to us to save them. They must decide to save themselves.

To win the psychological war and help return sanity to an insane world, you can communicate to others that you choose to live according to natural/divine law as a sovereign being with God given rights. Acting this way and stating this to others can provide inspiration to the uncommitted 40% to follow.



### **Spread the truth.**

When asked why you are not complying, state that you are concerned that people's rights are being violated by the restrictions being proposed. You might also say that from your research you believe that the State is becoming Totalitarian and that the shots contain Nano chips that will eventually allow the State to control all aspects of our lives. If they are interested explain Transhumanism.

Use humor and ridicule to diffuse the influence of the Abusers by calling them crazy and delusional.

Do not comply with any violation of your rights. We do not have to ask for permission or beg our government employees to act according to our rights. We need to act according to our rights.





**Remember, mass-hypnosis relies on focusing attention on *fear*.  
We need to focus our attention on *empowerment instead*.  
Part of the solution is creating parallel social structures**

We are by our nature social beings with a need to belong. The hypnotized are seeking a system to protect them from experiencing fear. Sovereign people need a system that allows us to thrive. YCPT is a parallel social structure that we can develop further.

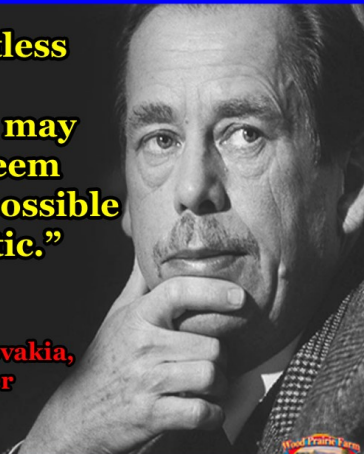
#### **What Are Parallel Social Structures?**

A strategy proposed by Vaclav Havel, a political dissident who became the president of Czechoslovakia, is called “parallel structures.” A parallel social structure is any kind of business, organization, technology, movement or creative pursuit that fits within a totalitarian society while being morally outside of it.

We need to put our creative energy into forming ways of doing things outside the control structure the Abusers have in place. This will take time but it is the way that other countries have overcome Totalitarian rulers. The more effort we focus on this, the less control the psychopaths will have. Using our energy creatively, will empower us emotionally and spiritually. It will also give the younger generation something to get involved with that feels hopeful.

**Václav Havel on Solutions.**

**“It is never pointless to think about alternatives that may at the moment seem improbable, impossible or simply fantastic.”**



**Václav Havel**  
**President of Czechoslovakia,**  
**Writer and Philosopher**  
**1936 - 2011**

[www.woodprairie.com](http://www.woodprairie.com)

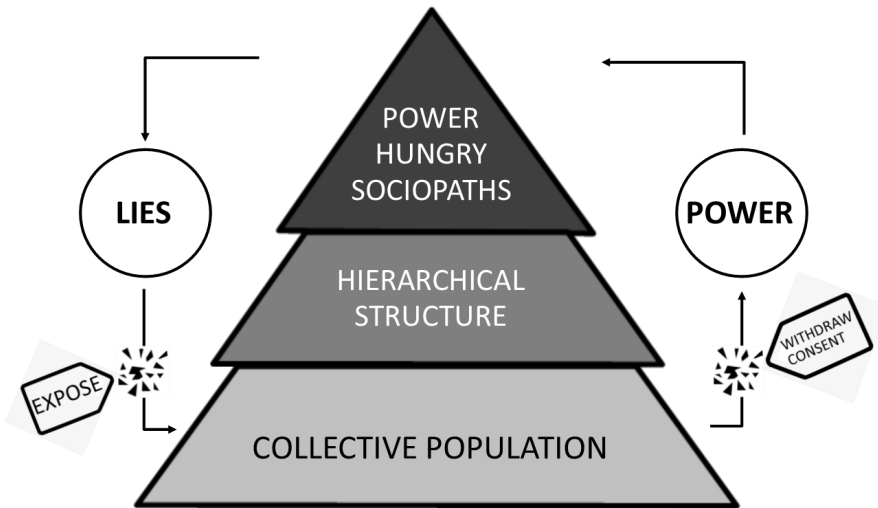
Once enough parallel structures are created, a parallel culture is born that functions as a sanctuary of sanity within the totalitarian world. Havel explains this strategy in his book, “The Power of the Powerless.” We can then invite the 40% uncommitted to join us. The hypnotized may also be able to see the contrast to the abusive world they have accepted and break the spell.

***YCPT is a parallel social structure.***  
***We just need to build upon it.***

#### References

1. Dr. Mercola article <https://covid19up.org/mass-psychosis/>
2. A 20-minute video “Mass Psychosis — How an Entire Population Becomes Mentally Ill,” created by After Skool and Academy of Ideas, is a fascinating illustration of how mass psychosis can be induced. <https://youtu.be/O9maaUaRT4M>
3. Dr. R.W. Malone article, <https://rwmalonemd.substack.com/p/mass-formation-psychosis>
4. Short video of part of a speech by Dr. Malone <https://youtu.be/INHpQL9fgto>

Expose the lies of the sociopaths, maintain your personal power and do not consent.



Credit to: Chris Duane of SilverShield  
<https://www.youtube.com/user/TruthNeverTold/videos>

*"You never change things by fighting the existing reality. To change something, build a new model that makes the existing model obsolete."*

**R. Buckminster Fuller**

**Feargus Greenwood has suggested this A-Z listing of principles for building new parallel social structures.**

**Feargus O'Connor Greenwood's  
 The A-Z of 180° Thinking**

From his book: *"180°: Unlearn the Lies You've Been Taught To Believe"*  
 pp. 692-702

- A. Do it for free. Use crowd funding, open source, volunteer, etc.
- B. Make them irrelevant. They control us with the money system. Find ways to transact outside of that system like barter or local currencies.
- C. They have no morality so you act with integrity.
- D. Create a new marketplace. Create non-state-controlled markets. (Private Membership Associations?)
- E. Believe in yourself. Remember they want people to blindly obey. You operate with sovereignty.
- F. Acts of kindness. They are selfish and want you to as well. When you engage in random acts of kindness you help others and you will feel a great sense of satisfaction. That is how we are wired.
- G. They use the smear as a short-term winning strategy. The truth is our long term winning strategy.
- H. Stop using their controlled media sources.
- I. Spend time in nature.
- J. Eat and grow clean healthy food.
- K. Leverage the power of numbers. They use the power of the money we can use the power of the many. Be creative on how to do that.
- L. Create decentralized and uncensored platforms. Support platforms that don't censor like Gab.com. Andrew Torba, CEO of Gab.com says, "I believe that sunlight is the best disinfectant for evil."
- M. Truth has its own frequency. It has the frequency of resonance. It always connects with the light.
- N. Go local. Do business locally.
- O. Get the kids out of the indoctrination school system.
- P. Reject fear and embrace optimism.
- Q. They want you to believe someone is going to save you. Trust yourself instead.
- R. Find ways to not allow them to make money from your debts.
- S. Think in terms of mind, body and soul, not material things.
- T. They want you to think in terms of hierarchies. Build networks instead.
- U. Independence. Become self-sufficient.
- V. They want you to think in terms of fighting between groups at a horizontal level. The true battle is vertical; freedom against tyranny, freedom from the abusers.
- W. Start viral meme campaigns to destroy their narrative. Think "Let's Go Brandon."
- X. Win by not winning. They want to win at all cost. Your aim is not to win the argument but to merely place a seed in the other person's mind.
- Y. Agenda 22. They have Agenda 21, create systems that stop the abusers from taking control. We can re-invent the world as we want it.
- Z. We can use spiritual warfare and our consciousness to overpower them and to better understand their weaknesses.