

The mind once enlightened cannot again become dark.

Thomas Paine

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- The goal of the Stress Intervention Team is to work with the other YCPT teams to build a base of skills to support and educate the community on being emotionally, mentally, physically and socio/politically prepared and resilient.
- The material and techniques presented by the Stress Intervention Team are for self-help educational purposes to manage and decrease stress caused by current and future man-made and natural events. We recognize that an important aspect of stress reduction is to restore individual sovereignty and empowerment.
- Materials are developed by instructors with training in traditional medicine, energy medicine, psychology, investigative research and analysis and others from a wide range of healing arts.

- THE FEAR EPIDEMIC -PARALLELS BETWEEN THE HANDLING OF THE PANDEMIC AND ABUSIVE BEHAVIOR

PART 4 In a Series

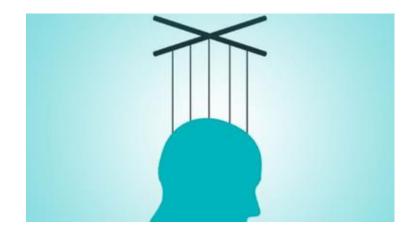
We recommend you review all 7 parts in this series, in sequence:

- Part 1: The 4 Paradigms of Control Created by Abusers
- Part 2: Personal Sovereignty
- Part 3: The Behavioral Traits of Abusers
- Part 4: Parallels Between the Handling of the Pandemic and Abusive Behaviors
- Part 5: How to Break Away from Abusers
- Part 6: Reducing Stress Response by Changing Your Thoughts
- Part 7: Reducing Stress Response by Using HeartMath

"The Fear Epidemic" training modules are designed to simplify the struggle between good and evil into very clear personal terms. Simply put "the evil" has used abusive behaviors to keep us in fear. Fear is a powerful tool that abusers use to hide the truth and destroy our emotional sovereignty. Emotional sovereignty is an important part of our overall preparedness. This series addresses how to understand abusers and how to control our emotional and mental responses to them so we maintain our emotional sovereignty.

The two core principles of this training series are:

- 1. You are a sovereign being (no one owns you) and
- ². We all live in a world with far too much abuse, designed to instill fear.



Summary of Key Points

Once you know how to identify abusive behaviors you will be less likely to be manipulated by attempts to make you afraid.

This game of fear has been perfected over centuries and is deeply engrained in people's psyche so it takes conscious intention to break away from it.

This presentation will focus on the current COVID epidemic and why it is an example of abusive behavior.

IN MY OPINION THE POLITICAL USE OF COVID DEMONSTRATES AN ABUSIVE SITUATION

Let's look at the parallels



ABUSERS CREATE **THE ILLUSION** THAT "WE THE PEOPLE" HAVE NO SOVEREIGN RIGHTS



- The abusers created the illusion that they had the authority to shutdown the world to "protect" people.
- The abusers created the illusion that they could continue the control because locking down was the only way to "stop the spread".

ABUSERS CREATE THE ILLUSION THERE IS SOMETHING TO FEAR



FACT

- The SARS-CoV-2 virus has never been isolated. Over 40 countries have not been able to isolate it. It appears to be just a variant of the common flu or cold.
 - Recently the Health Minister of Alberta Canada admitted that there was no virus they could specifically identify as Sars-CoV-2.

CONCLUSION

There is no specific virus that can be identified and it has proven to be no more lethal than other flu seasons. Therefore there is no justification for imposing any controls or for creating fear.

ABUSERS FEAR THE TRUTH



Rev > Blog > Transcripts > America's Frontline Doctors SCOTUS Press Conference Transcript

Abusers limit information that their victims have access to and will not allow consideration of alternative points of view because they fear the truth.

"We're America's Frontline Doctors. We're here only to help American patients and the American nation heal. We have a lot of information to share. Americans are riveted and captured by fear at the moment.

We are not held down by the virus as much as we're being held down by the spider web of fear. That spider web is all around us and it's constricting us and it's draining the lifeblood of the American people, American society, and American economy." Dr. Simone Gold

THE VIRUS IS BEING USED FOR CONTROL



A U.K. member of Parliament has come forward writing a blistering op-ed for the Daily Mail.

Part whistleblower, part human rights activist, **Graham Brady** is calling out his own government's ill-advised Covid mitigation policies, **originating from fear, rather than sound public health science.**

https://www.globalresearch.ca/video-uk-officialadmits-lockdowns-social-control/5751224

- Abusers attempt to isolate their victims
- The virus is being used to isolate and segregate people



CDC Director Now Says 'New Data' Shows Breakthrough Cases in Vaccinated People Can Spread as Much Virus as Unvaccinated

By <u>Cassandra Fairbanks</u>
Published July 28, 2021 at 8:15am

THE ABUSERS ARE DEMANDING PEOPLE SUSPEND REASON AND LOGIC



People who know the virus doesn't exist and therefore don't agree to restrictions are being labeled as unreasonable.

Labeling people who know the truth about the virus and that the vaccine as dangerous is emotional abuse.

The abusers are using emotional labeling to call the educated public dangerous for objecting to restrictions of all kinds based on a virus that doesn't exist.

THE VACCINE WAS PATENTED **BEFORE THE VIRUS WAS 'DISCOVERED'**



FACT

How is that possible?

There can't be a vaccine for a virus that doesn't exist yet.

The CDC stated on their own website that they used common flu symptoms to describe SARS-CoV-2.

Dr. David Martin has verified that the "vaccine" for CV was patented before the virus was "discovered". How can that be?

There is a patent for the spike protein in the vaccine. The spike protein changes the immune system of the

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ABUSIVE BEHAVIOR IS WRONG AND IS CRIMINAL



Forcing people to have a vaccine with undisclosed ingredients for something that doesn't exist is abusive behavior. Injecting someone against their will is assault, a criminal act.

Jailing someone for asserting their Right to protect their body is physical abuse.

TRAUMA FROM REPEATED FEAR EVENTS



The restrictions imposed during the epidemic are abusive because they have caused harm and trauma from repeated fear events.

Forcing children to mask up and fear their friends is child abuse

There have been many suicides

Anxiety disorders, such as *coronaphobia* and *covid-19 anxiety syndrome*, are new anxiety disorders that resulted from the fear.

Personal businesses have been destroyed.

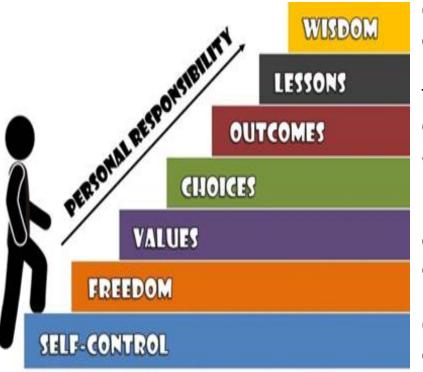
Food was destroyed because there were no workers to harvest and deliver; now they are threatening food shortages.

There has been an increase in domestic violence.

Families and friends have been divided.

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RECOGNIZING HOW ABUSE IS USED



COVID was an illusion created by abusers to create fear so they could control the people.

The Fear Epidemic was designed to create ongoing fear events to create emotional trauma and manipulation.

It is easy to see how the behaviors of those controlling public policies mirror the behaviors of abusers.

Once you see the abuse you will recognize it in other situations.

See the presentation on how to break away.